

CLASS-XII
PSYCHOLOGY
(2025-26)

Time : 3 Hrs

Theory : 70 Marks

Model Test Paper for DA Students

I. Objective type questions(2 Marks)

1. Development is :
 - a) multi-directional
 - b) unidirectional
 - c) bidirectional
 - d) None of the above
2. Match the Piaget's Stages of Cognitive Development.

Sr. No.	Stage	Approximate Age
1.	Sensorimotor	a) 2-7 years
2.	Preoperational	b) 7-11 years
3.	Concrete	c) 0-2 years
4.	Formal operational	d) 11-15 years

3. State whether the following statement is True or False

“Emotions are sudden; hence they cannot be practiced or rehearsed”

- a) True
 - b) False
4. Emotions involve both _____ and _____ reactions.
 - a) Physiological, social
 - b) Social, Cultural
 - c) Social, Psychological
 - d) Physiological, Psychological

5. The theory of self actualization was proposed by _____

6. Kevin really enjoys riding motorcycles. It gives him great personal satisfaction. His desire to ride motorcycles connects to which of the following?

- (a) Intrinsic Motivation
- (b) Need
- (c) Drive
- (d) Extrinsic Motivation

7. Which one of the following is the correct sequence of events in creative problem solving?

- (a) Illumination, Incubation, Verification and Preparation
- (b) Preparation, Verification, Illumination and Incubation
- (c) Preparation, Incubation, Illumination and Verification
- (d) Incubation, Illumination, Preparation and Verification

8. A teacher who practices a good mix of creative expressions with other approaches , encourages children to have _____ thinking

- (a) Convergent Thinking
- (b) Divergent Thinking
- (c) Minimal Thinking'
- (d) All of the above

9. What is an example of regression?

- (a) feelings of an ex-boyfriend
- (b) denying something ever took place
- (c) returning to an earlier age to cope with situation
- (d) telling the truth
- (e) holding your anger in

10. Delinquency is a kind of

- (a) Abnormality
- (b) Normality
- (c) None of the above
- (d) All of the above

11. Spearman developed and used _____ statistical test to assess whether intelligence is underpinned by one or many factors?

12. The average IQ score for a population will be

- a. usually around 120
- b. slightly higher each time it is tested
- c. slightly lower each time it is tested
- d. around 100

13. A person who is shy and reserved is called _____

14. State whether the following statement is true or false – People having a high score on Neuroticism are emotionally reactive.

a. True

b. False

15. Match the following:

Personality Type

- a. Endomorph
- b. Ectomorph
- c. Mesomorph

Temperament

- Somatotonic
- Viscerotonic
- Cerebrotonic

16. Calculate mean from the following data:

2, 4, 6, 8, 4

17. Name the different measures of variability

II. Very Short Answer type questions(3 Marks)

1. Define Adolescence
2. Write any three characteristics of Emotions.
3. Throw light on Abraham Maslow.
4. Explain Mean and end analysis as problem solving strategy
5. Two characteristics of a mentally healthy person
6. Name the two factors of intelligence given by Spearman in his theory of intelligence.

III. Short Answer Type Questions(4 Marks)

1. Explain two socially approved defense mechanisms

Or

Identify four causes of Delinquent behaviour.

2. Write a brief note on the different types of Intelligence tests.

Or

Write a note on Thurston's PMA Theory of Intelligence.

3. Write about Sheldon's theory of personality.

Or

Discuss the Trait Theory given by Allport.

IV. Long Answer Type Questions(5 Marks)

1. Construct a frequency distribution table for the following marks obtained by 25 students in a history test in class VI of a school:

9,17,12,20,9,18,25,17,19,9,12,9,12,18,17,19,20,25,9,12,17,19,19,20,9

Or

Calculate Mean Deviation from the below given data:

Class Interval	Frequency
60 – 70	5
50 – 60	11
40 – 50	13
30 – 40	15
20 – 30	9
10 – 20	7